# Research on the Innovative Path of Ideological and Political Courses in Universities from the Perspective of "Three-dimensional Education"

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**Abstract:** With the development of higher education, the ideological and political courses in universities play an important role in cultivating well-rounded talents. This article takes "Three-dimensional Education" as the perspective to explore the innovative path of ideological and political courses in universities. Firstly, by clarifying the connotation of "Three-dimensional Education", the goals and tasks of ideological and political courses in universities are defined. Secondly, the problems and challenges faced by ideological and political courses in universities are analyzed. Then, the path and strategies for innovation in ideological and political courses in universities are proposed, including improving the curriculum system, optimizing teaching methods, and strengthening the construction of teaching staff. Finally, the significance and impact of innovation in ideological and political courses in universities are summarized, emphasizing the importance of implementing the "Three-dimensional Education" strategy.

#### 1. Introduction

The ideological and political courses in universities are an important way to cultivate socialist builders and successors with all-round development of morality, intelligence, physical fitness, aesthetics, and labor skills[1]. In recent years, with the rapid development of higher education and the continuous changes in social demands, ideological and political courses in universities are also facing new challenges. How to achieve the goal of "Three-dimensional Education" better through innovation in curriculum ideology has become an important issue in the current reform and development of university education.

#### 2. Connotation of "Three-Dimensional Education"

# 2.1. Ideological and Moral Qualities

Through education, students are nurtured with correct worldviews, life philosophies, and values. This means guiding students to establish proper life goals and enhancing their intellectual and moral cultivation[2]. Students are encouraged to develop the right values, including respect for others, concern for society, and a sense of responsibility. This helps them become responsible and conscientious citizens.

# 2.2. Disciplinary and Professional Competence

Cultivating students' knowledge and skills in specific disciplines. This implies that students need to master professional knowledge and be able to flexibly apply what they have learned to solve real-world problems. Building a solid disciplinary foundation equips them with the ability to engage in in-depth learning and research. This enables them to better cope with challenges in future work and study.

#### 2.3. Innovation Ability

Fostering students' creative thinking and innovation consciousness. This entails stimulating students' innovative potential and cultivating their ability to identify and analyze problems and propose innovative solutions. Providing learning and practical opportunities allows students to

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apply their acquired knowledge to innovate and practice. This helps them develop problem-solving skills and an entrepreneurial spirit.

### 3. Problems in Current Ideological and Political Courses in Universities

#### 3.1. Monotonous Curriculum Content

Some ideological and political courses in universities have overly singular content, lacking diversity and depth. Such monotonous content arrangement fails to meet the needs of students' comprehensive development. Students may find homogeneous ideological and political courses boring and lacking challenges.

# 3.2. Outdated Teaching Methods

Some universities still employ traditional teaching methods that lack interactivity and practicality. The traditional lecture-style teaching model struggles to stimulate students' interest and proactiveness. The lack of up-to-date educational approaches hinders the guidance of active thinking and engagement from students.

#### 3.3. Insufficient Teaching Staff

The structure and quality of teaching staff in some universities need improvement. Teachers may lack expertise and competency in the field of ideological and political courses. Insufficient teaching staff can negatively impact the quality and effectiveness of curriculum instruction.

# 3.4. Unscientific Evaluation System

The evaluation system for ideological and political courses in universities exhibits unreasonable and unscientific aspects. Assessment primarily relies on written exams, neglecting the cultivation of students' critical thinking skills and comprehensive competence. The lack of diversified assessment methods fails to comprehensively evaluate students' performance in ideological and political courses

#### 4. Innovative Path and Strategies for Ideological and Political Courses in Universities

#### 4.1. Improving the Curriculum System

Establishing a scientifically and reasonably structured curriculum system is one of the important directions for innovation in ideological and political courses in universities. This includes integrating ideological and political content with disciplinary knowledge to achieve diversity and systematicity in the curriculum. Firstly, interdisciplinary approaches can be used to integrate ideological and political education into various professional courses. For example, in engineering programs, relevant courses on ethics and social responsibility can be offered to cultivate students' professional ethics and social responsibility awareness. Secondly, elective courses with distinctive ideological and political characteristics can be designed to provide students with diverse choices. By improving the curriculum system, ideological and political education can become more closely integrated with students' disciplinary learning, enhancing its practicality and relevance.

In addition, the curriculum system should also emphasize the cultivation of students' critical thinking and problem-solving skills. Courses that encourage students to analyze and discuss real-world issues from different perspectives can be included. This will help students develop their abilities to think independently, critically evaluate information, and propose innovative solutions. Moreover, incorporating practical components into the curriculum, such as internships, research projects, or community service, can enable students to apply their knowledge in real-life situations and further enhance their understanding of the societal implications of their disciplines.

#### 4.2. Optimizing Teaching Methods

Optimizing teaching methods is another key strategy for innovation in ideological and political

courses in universities. Traditional teaching methods often rely heavily on lecturing, lacking interactivity and practicality, which makes it difficult to stimulate students' interest and proactiveness. Therefore, universities should adopt diversified teaching methods, such as case-based teaching, discussion-based teaching, and experiential learning, to enhance interactivity and engagement in the curriculum.

Case-based teaching allows students to master ideological and political knowledge by analyzing and solving real-world problems, enabling them to experience the importance of ideology in practice. Discussion-based teaching promotes communication and cooperation among students, stimulating the collision of different perspectives and fostering innovation. Experiential learning helps students apply ideological and political theories to practical situations, cultivating their problem-solving skills and their ability to cope with challenges.

Furthermore, technology-enhanced teaching approaches can be utilized to supplement traditional classroom instruction. Online platforms, multimedia resources, and interactive tools can be incorporated to facilitate self-paced learning, encourage active participation, and provide opportunities for students to engage with diverse perspectives and experiences beyond the confines of the classroom. This blended learning approach allows for flexibility and personalized learning experiences, catering to the individual needs and learning styles of students.

In addition, continuous professional development programs should be provided for teachers to enhance their pedagogical skills and familiarity with innovative teaching methods. Training sessions, workshops, and collaborative platforms can be established to facilitate the exchange of teaching experiences and best practices among educators. This will contribute to the overall improvement of teaching quality and effectiveness in ideological and political courses.

# 4.3. Strengthening the Construction of Teaching Staff

The teaching staff is a crucial pillar for the innovation of ideological and political courses in universities. Universities should enhance the training and evaluation of teachers, improving their professional knowledge and capabilities in curriculum ideology. Firstly, organizing teachers to participate in relevant training courses and seminars can update their teaching philosophies and methods. Secondly, establishing a regular evaluation mechanism can assess and provide feedback on the teaching effectiveness of teachers in ideological and political education. Through these measures, the professional competence and teaching proficiency of teachers can be continuously enhanced, providing strong support for the innovation of ideological and political courses.

In order to strengthen the construction of the teaching staff, it is important to attract and retain high-quality teachers who are well-versed in both disciplinary knowledge and ideological and political education. Recruiting professionals with expertise in relevant fields and encouraging experienced practitioners to join the teaching staff can enrich the diversity and practicality of ideological and political courses. Additionally, universities can establish platforms for collaborative research and exchange among teachers to facilitate the sharing of experiences and best practices in curriculum ideology.

Furthermore, creating a favorable environment for continuous professional development is essential. Schools should provide resources and opportunities for teachers to engage in further studies, attend conferences, and conduct research can deepen their understanding of current trends and developments in ideological and political education. This ongoing learning process ensures that teachers remain updated and equipped with the necessary knowledge and skills to effectively deliver ideological and political courses.

#### 4.4. Establishing an Evaluation Mechanism

Establishing a scientifically and effectively designed evaluation mechanism is crucial to ensure the innovation of ideological and political courses in universities. Regular evaluation and feedback on teaching effectiveness allow for a timely understanding of the implementation of the curriculum, identification of issues, and opportunities for improvement. The evaluation mechanism should consider various evaluation methods, including student evaluations, teacher self-evaluations, and expert evaluations. It is important to strike a balance between quantitative indicators and qualitative

analysis to comprehensively assess the effectiveness and quality of the curriculum. Evaluation results should be promptly communicated to relevant departments and teachers, serving as a basis for improving curriculum design and teaching methods.

The evaluation mechanism should take into account both formative and summative assessments. Formative assessments provide ongoing feedback during the course, allowing instructors to make necessary adjustments and improvements. Summative assessments, conducted at the end of the course, evaluate the overall achievements and outcomes of the curriculum. These assessments may include exams, projects, presentations, or portfolios that demonstrate students' understanding, critical thinking skills, and application of knowledge.

Furthermore, the evaluation mechanism should consider the perspectives and insights of multiple stakeholders, including students, teachers, alumni, and industry professionals. Surveys, focus groups, and interviews can be used to gather feedback on the strengths and weaknesses of the curriculum, teaching approaches, and learning outcomes. This multi-dimensional feedback helps identify areas for improvement and promotes continuous enhancement of the curriculum.

# 5. The Significance and Impact of Innovation in Ideological and Political Courses in Universities

#### 5.1. Achieving the Goal of "Three-Dimensional Education"

Through innovation, ideological and political courses in universities can better achieve the goal of cultivating well-rounded talents. Traditional ideological and political courses often focus solely on moral education while neglecting the development of disciplinary knowledge and innovation ability. Through innovation, universities can integrate ideological and moral qualities, disciplinary expertise, and innovative capabilities, enabling students to achieve comprehensive development. For example, incorporating elements such as case analysis and teamwork into curriculum design not only enhances students' disciplinary competence but also cultivates their innovation skills and sense of social responsibility. This equips students with not only moral integrity and disciplinary knowledge but also problem-solving abilities and adaptability, thereby improving their overall competence and competitiveness.

#### 5.2. Adapting to Social Demands

Through innovation, ideological and political courses in universities can better adapt to the changing needs of society. With rapid societal changes and development, there is an increasing demand in the job market for individuals with comprehensive qualities and innovative abilities. Traditional ideological and political courses often fail to meet these demands as they focus excessively on theoretical knowledge and moral education, lacking practical and innovative elements. Through innovation, universities can introduce practices like experiential learning and project-based training, allowing students to learn and practice in real-life contexts, nurturing their problem-solving and innovation capabilities. As a result, graduates are better prepared to adapt to societal changes and demands, becoming talents that meet the requirements of social development.

#### 5.3. Driving Educational Reform and Development

Innovation in ideological and political courses in universities will drive the reform and development of the entire education system. By innovating ideological and political courses, the quality and level of education can be improved, promoting the deepening of educational reforms. Firstly, innovative ideological and political courses will inspire students' interest and motivation, enhancing teaching effectiveness and educational quality. Secondly, innovative ideological and political courses will lead the transformation of teaching approaches, promoting professional development among teachers and updating educational philosophies. Lastly, innovative ideological and political courses will drive reforms in educational systems and mechanisms, fostering improvements in higher education levels and optimizing the allocation of educational resources.

#### 6. Conclusion

The innovation of ideological and political courses in universities is a key measure for implementing the "Three-dimensional Education" strategy. This article has explored the innovative path and strategies for ideological and political courses in universities from the perspective of "Three-dimensional Education". Through improving the curriculum system, optimizing teaching methods, and strengthening the construction of teaching staff, universities can better achieve the goals and tasks of ideological and political courses. The innovation of ideological and political courses in universities is of significant importance and impact in cultivating well-rounded talents, adapting to societal demands, and driving educational reform and development. Therefore, we should prioritize innovation in ideological and political courses and continuously explore and practice to promote the sustained development of university education.

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